

Monday	Tuesday	Wednesday	Thursday	Friday
Split Pea Soup Genoa Salami & Provolone Cheese Sandwich Pickled Beets Cole Slaw Fresh Orange Lettuce & Tomato Milk	Orange Juice Baked Ziti with Meat & Cheese Cole Slaw Fresh Apple Whole Grain Bread Milk	Fruit Punch Cottage Cheese Cold Plate with Peach & Pear Tomato slices & Lettuce Pineapple Rings Hard Boiled Egg Whole Wheat Crackers	Pineapple Juice Salisbury Steak w/Gravy Caribbean Blend Veggies Rice Pilaf Fresh Seasonal Fruit Multi Grain Roll Milk	Orange Sections BBQ Chicken Breast Fresh Tri Color Cole Slaw with Lime Dressing Baked Beans Cinnamon Apples Dinner Roll Milk
Grape Juice Danish Ham & Swiss Cheese Sandwich on Whole Wheat Bread Fresh Baby Whole Carrots Pineapple Tidbits Tomato Garnish Milk	Apple Juice Beef Burgundy Mixed Vegetables Brown Rice Multi Bean Salad Apricots Biscuits Milk	Beef Vegetable Soup Seafood Salad Broccoli Slaw Pineapple Chunks Kaiser Roll Lettuce & Tomato Milk	Fresh Melon Pot Roasted Brisket w/Gravy Baby Whole Carrots with Onion and Celery Baby Whole Potatoes Cole Slaw Brownie ala Mode Milk	Tossed Salad Spaghetti with Meat Sauce Green Beans Fresh Apple Italian Bread Parmesan Cheese Milk
Chicken Vegetable Soup Smoked Turkey & Cheddar Cheese Sandwich Amish White Navy Bean Salad Cole Slaw Hot Spiced Pears Lettuce & Tomato Milk	Tomato Juice Baked Potato Tossed Salad Chili con Carne Shredded Cheddar Cheese Applesauce Milk	Cranberry Juice Roast Beef in Gravy Creamed Kale Brown Rice Fresh Seasonal Fruit Wheat Bread Milk	Lentil & Spinach Soup Tossed Salad Tuna Salad Copper Pennies Fresh Apple Whole Wheat Bread Lettuce & Tomato Milk	Pineapple Juice Chicken Teriyaki Nuggets Sweet & Sour Green Beans Fried Rice Fruit Cocktail Wheat Bread Milk
Grape Juice Hearty Beef Stew With Mixed Veggies & Potatoes Fresh Sliced Apples Split Top Roll Milk	Cranberry Juice Turkey Combo Lunch Meat & Swiss Cheese Cole Slaw Potato Salad Fruit Cocktail Lettuce & Tomato Milk	Cranberry Juice Turkey Sliced with Gravy Fresh Zucchini & Tomato Salad Scalloped Potatoes Au Gratin Fruit Cocktail Multi Grain Roll Milk	Fruit Punch Southwestern Bean Salad Baked Chicken Breast with Gravy Spinach Sauté w/ Garlic & Onion Barley Mushroom Pilaf Tropical Fruit Rye Bread Milk	Tomato Juice Pork Loin with Gravy Sauerkraut Mashed Potatoes Apricots Wheat Bread Milk



To make a meal reservation at least 48 hours in advance, Contact Your Meal Manager. Each meal costs the FCDOA Nutrition Program \$4.80, your contributions per meal helps make more meals possible.

~~MENUS ARE SUBJECT TO CHANGE~~